

november



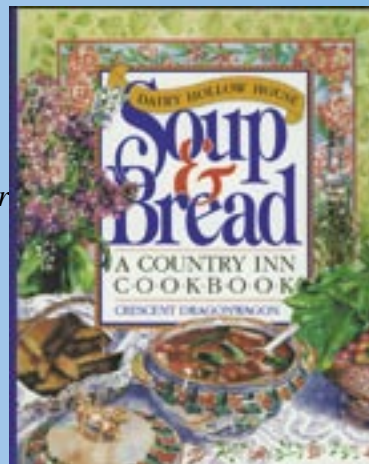
# HEALTH & WELLNESS

books

## Soup & Bread

*A Country Inn Cookbook*

Containing more than 200 recipes, this cookbook features unique cuisine built on traditional country ingredients. Author Crescent Dragonwagon is not only an innkeeper and chef but also a cooking teacher and children's book writer.




### Save 15%!

was \$14.95

supplements

## Bach Rescue Remedy Spray

20 mL

**\$11.99** 

was \$19.65

## Han's Honey Loquat Syrup

8.5 oz

**\$8.49**

was \$9.25

## Herbs For Kids Herbal Extracts

*Echinacea/Astragalus, Cherry Bark Blend, Horehound Blend, Sweet Echinacea, Echinacea Golden Root Orange, & Echinacea Golden Root Blackberry*

1 oz

### Save 25%!

was \$7.57

## Willy Street Co-op CoQ 10

30 mg

30 cap

**\$8.49**

was \$10.35

## NuNaturals Stevia

*White Powder 4 oz, White Powder 100 pc box, Clear Liquid 2 oz, & Pure Extract Powder 1 oz*

### Save 20%!

was \$11.99-\$16.79

bodycare

## Alba Botanica Very Emollient Lotions

*Original, Original Unscented, & Maximum Dry Skin*

32 oz

**\$10.99~** 

**\$12.99**

was \$14.79-\$17.15

## Druide Hair Care

*Ten products on sale!  
Sizes vary based on product*

**\$8.49**

was \$10.19

## Nonie of Beverly Hills AHA! Moisturizer

*Brilliant, 10% Alpha Hydroxy, Protein, & New Condition*

1.75 oz

### Save 20%!

was \$18.55-\$24.75

## Sundog Hemp Lip Balm

*Mint, Citrus, Naked, & Orange Ginger*

.15 oz

**\$2.39**

was \$2.69