

# Price comparisons on staple products

**Yellow** = lowest price

Staple Product	National Organic Grocery Chain Store	Locally Owned Conventional Chain Store	National Big Box Supermarket	Regional Conventional Chain Store	Willy Street Co-op	Amount Co-op above or below average price of these products
Eden Organics organic canned black beans, 15 oz.	\$2.39	\$2.95	\$2.99	<b>\$2.29</b>	\$2.49	\$0.15 lower
Bulk organic basmati rice (per pound)	\$2.99/lb.	\$4.99/lb.	\$3.99/lb.	Not available	<b>\$2.29</b>	\$1.70 lower
Organic bananas (per pound)	\$0.99/lb.	\$1.19/lb.	\$0.79/lb.	<b>\$0.69/lb.</b>	\$1.19/lb. (also fair trade)	\$0.28 higher
Organic salad mix, 5 oz. clamshell	\$3.99	\$3.49	\$3.49	<b>\$2.69</b>	\$3.79	\$0.37 higher
Grass-fed ground beef, 80/20	Grass-fed not available	<b>\$5.99/lb.</b>	\$11.99/lb.	\$7.99/lb.	\$7.49/lb. (also local)	\$1.17 lower
Organic boneless, skinless chicken breast	<b>\$9.99/lb.</b>	\$10.99/lb.	\$10.49/lb.	<b>\$9.99/lb.</b>	\$11.49/lb.	\$1.13 higher
Bountiful Bean organic tofu, 16 oz.	\$2.99	\$2.69	\$2.49	\$2.79	<b>\$1.99</b>	\$0.75 lower
Organic Valley organic butter, 1 lb.	\$5.99	\$7.59	\$6.49	\$5.99	<b>\$5.49</b>	\$1.02 lower
New Century organic large eggs, one dozen (local)	<b>\$3.99</b>	\$4.79	\$4.79	Organic not available	<b>\$3.99</b>	\$0.53 lower
Sassy Cow Traditional conventional 2% milk, 1 gallon	\$4.19 (store brand)	\$3.59	\$3.99	<b>\$3.19</b>	\$3.29	\$0.45 lower

## ...and a few things to brag about

Product	National Organic Grocery Chain Store	Locally Owned Conventional Chain Store	National Big Box Supermarket	Regional Conventional Chain Store	Willy Street Co-op	Co-op savings compared to next lowest priced product
Seventh Generation/Green Forest toilet paper, 4 pack	\$4.69	\$3.59	\$3.99	\$2.89	<b>\$2.29</b>	\$0.60
Bulk organic rolled oats (per pound)	\$1.49/lb.	\$1.99/lb.	\$2.99/lb.	Not available	<b>\$1.29/lb.</b>	\$0.20
Bulk organic wheat flour (per pound)	\$1.49/lb.	\$1.99/lb.	\$2.49/lb.	Not available	<b>\$0.99/lb.</b>	\$0.50
Store brand/any half-and-half, 1 pint	\$2.39	\$1.49	\$1.88	\$1.35	<b>\$0.99</b>	\$0.36
Organic Valley 2% organic milk, half-gallon	\$5.39	\$5.29	\$4.99	\$5.39	<b>\$4.39</b>	\$0.60
Stonyfield organic single-serve yogurt, 6 oz.-8 oz.	\$1.09	\$1.19	\$1.19	<b>\$0.99</b>	<b>\$0.99</b>	Tied for lowest
Cascadian Farm organic frozen orange juice, 12 oz.	\$4.99	Not available	Not available	\$4.19	<b>\$3.79</b>	\$0.40
Italian Reggiano Parmigiano (per pound)	\$22.99/lb.	\$21.99/lb.	\$19.99/lb.	\$21.49/lb.	<b>\$16.99/lb.</b>	\$3.00/lb.
Grass-fed ribeye steak (per pound)	\$18.99/lb.	Not available	Not available	\$22.38/lb.	<b>\$16.99/lb.</b>	\$2.00/lb.
Garden of Life RAW Fit protein powder, 600gm	\$44.99	Not available	Not available	Not available	<b>\$35.99</b>	\$9.00

Prices accurate as of 9/29/17 and are regular prices and not sale prices.