

VEGETARIAN (NOT VEGAN)

For replacing...

Turkey

Quorn	Turky Roast
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For replacing...

Chicken

Quorn	Tenders Nuggets Patties
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For replacing...

Pie Shells

Willy Stree Co-op	Pie Shells 2pk
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GLUTEN-FREE

For replacing...

Rolls/Bagettes

Udi's	Dinner Rolls French Bagettes
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For replacing...

Baking Flour

Pamela's	Artisan Blend Flour Baking and Pancake Mix Bread Mix
Bob's Red Mill	Biscuit Mix 1 to 1 Gluten-free Baking Flour Pancake Mix Baking Flour
Gluten Free Pantry	Cornbread and Muffin Mix

For replacing...

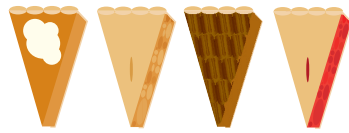
Croutons

Ian's	Italian-Style Gluten-free Croutons
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For replacing...

Breadcrumbs/Stuffing

Glutino	Gluten-Free Breadcrumbs
Wat U See	Chickpea Crumbs
Pacific Natural Foods	Seasoned Stuffing



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VEGAN AND GLUTEN-FREE PIES



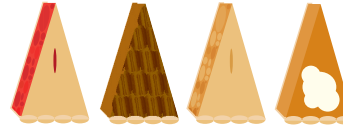
Local V/GF
Pumpkin Pie
- \$18.99

Made with Wisconsin
pumpkin and squash.



Local V/GF
Apple Pie
- \$18.99

Made with Wisconsin
apples.



willy street co-op Catering

catering@willystreet.coop

Save yourself the work and let us make your vegan or gluten-free pies, side dishes or whole meals!

Order from our

Thanksgiving Catering

Menu by Friday,

Nov. 17th for pick-up

on Tuesday, Nov. 21st

or Wednesday, Nov. 22nd.



Please check out our large selection of gluten-free crackers and vegan milk alternatives in our dairy section.

If you have further questions about an item's qualification for a special diet, please ask one of our knowledgeable staff members.

This list is not comprehensive of all replacements we have for vegan, vegetarian or gluten-free diets.

Willy North

Vegan Vegetarian Gluten-Free

SUBSTITUTIONS GUIDE



This list is not comprehensive of all replacements we have for vegan, vegetarian or gluten-free diets.

If you have further questions about an item's qualification for a special diet, please ask one of our knowledgeable staff members.

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VEGAN

For replacing...

Butter

<i>Earth Balance</i>	Soy Free Buttery Sticks Vegan Buttery Sticks Buttery Spread GF Vegan Organic Whipped Buttery Spread GF Vegan Coconut Spread GF Vegan Buttery Spread w/ Olive Oil Soy Free Buttery Spread
<i>Miyoko's</i>	Vegan Butter
<i>Canoleo</i>	Soft Margarine

For replacing...

Mayonnaise

<i>Just Mayo</i>	Spread
<i>Follow Your Heart</i>	Original Vegenaise Grapeseed Oil Vegenaise Chipotle Vegenaise Roasted Garlic Vegenaise Reduced Fat Vegenaise Soy Free Vegenaise
<i>Sir Kensington's</i>	Fabanaise

For replacing...

Cream Cheese

<i>Follow Your Heart</i>	Cream Cheese
<i>Kite Hill</i>	Cream Cheese Chive Cream Cheese

For replacing...

Sour Cream

<i>Follow Your Heart</i>	Sour Cream
<i>Tofutti</i>	Better Than Sour Cream

For replacing...

Shredded Cheese

<i>Daiya</i>	Mozzarella-style Cheddar-style
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For replacing...

Block/Sliced Cheese

<i>Daiya</i>	Medium Cheddar-Style Jalapeno Havarti-Style
<i>Follow Your Heart</i>	Cheddar-Style slices Mozzarella-Style slices

For replacing...

Soft Cheese

<i>Treeline Nut Cheese</i>	Chipotle Herb-Garlic Green Peppercorn Scallion French-Style
<i>Miyoko's Creamery</i>	Mozzarella Garlic Herb Double Cream Chive Herbs de Provence

For replacing...

Hard Cheese

<i>Go Veggie!</i>	Grated Parmesan style topping
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For replacing...

Meat/Animal Protein

<i>Field Roast</i>	Celebration Roast Breakfast Sausage Meatloaf Brats: Apple Sage Brats: Italian Frankfurters Deli Slices: Mushroom Deli Slices: Smoked Tomato Deli Slices: Lentil Sage
<i>Upton's</i>	Traditional Seitan Ground Beef-Style Seitan Bacon Seitan
<i>Lightlife</i>	Veggie Sausage Smart Ground Crumbles Tofu Pups Smart Dogs
<i>Tofurky</i>	Deli Slices: Peppered Deli Slices: Oven Roasted Deli Slices: Hickory Smoked

For replacing...

Meat/Animal Protein Frozen

<i>Tofurky</i>	Giblet Gravy Vegetarian Feast Vegetarian Roast
<i>Fieldroast</i>	Forager's Roast
<i>Gardein</i>	Breakfast Patties Turk'y Cutlets Meatloaf Crispy Tenders Fishless Filets Crabless Patties
<i>Beyond Meat</i>	Chicken Strips Crumbles

For replacing...

Whipped Topping

<i>So Delicious</i>	Whipped Topping Whipped Topping Lite
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For replacing...

Pie Shells

<i>Wholly Wholesome</i>	Pie Shell 2 pk
<i>Simple Soyman</i>	Pie Shell

For replacing...

Eggs (baking)

<i>Follow Your Heart</i>	Vegan Egg
<i>EnerG</i>	Egg Replacer
<i>Neat</i>	Egg Replacer

For replacing...

Condensed Milk

<i>Let's Do Organic</i>	Coconut Sweetened Condensed Milk
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For replacing...

Stuffing

<i>Hilary's Eat Well</i>	Holiday Stuffing
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For replacing...

Jello

<i>Simply Delish</i>	Strawberry Jel Dessert Orange Jel Dessert Raspberry Jel Dessert
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For replacing...

Marshmallows

<i>Dandies</i>	Mini Vegan Marshmallows Vegan Marshmallows
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For replacing...

Honey

<i>Bee Free Honee</i>	Honee
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For replacing...

Chocolate

Check out our Bulk Aisle for more Chocolate chips

<i>Artisan Kettle</i>	Dark Chocolate Chips
<i>Enjoy Life</i>	Mini Chocolate Chips Morsels Chocolate Chips Mega Chunks
<i>Equal Exchange</i>	Semi-Sweet Chocolate Chips Bittersweet Chocolate Chips
<i>Lily's</i>	Dark Chocolate Chips
<i>Baker's</i>	Semi-Sweet Bakign Bar
<i>Scharffen-berger</i>	Baking Bar

For replacing...

Broth Powder

<i>Frontier</i>	Vegan Beef-flavored Broth Powder Vegan Chicken-flavored Broth Powder
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For replacing...

Gravy

<i>Roads End Organics</i>	Savory Herb Gravy Mix Mushroom Gravy Mix Golden Gravy Mix
<i>Imagine</i>	Wild Mushroom Gravy Mix