

VEGETARIAN (NOT VEGAN)

For replacing...

Turkey

Quorn	Turky Roast
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For replacing...

Chicken

Quorn	Tenders Nuggets Patties
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For replacing...

Pie Shells

Willy Stree Co-op	Pie Shells 2pk
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GLUTEN-FREE

For replacing...

Rolls/Bagettes

Udi's	Dinner Rolls French Bagettes
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For replacing...

Baking Flour

Pamela's	Artisan Blend Flour Baking and Pancake Mix Bread Mix
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Bob's Red Mill	Biscuit Mix 1 to 1 Gluten-free Baking Flour Pancake Mix Baking Flour
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Gluten Free Pantry	Cornbread and Muffin Mix
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For replacing...

Croutons

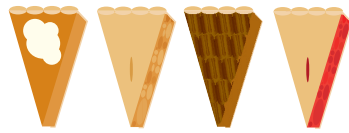
Ian's	Italian-Style Gluten-free Croutons
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For replacing...

Breadcrumbs

Ian's	Gluten-Free Panko or Italian Breadcrumbs
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Wat U See	Chickpea Crumbs
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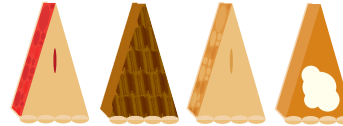


willy street co-op

VEGAN AND GLUTEN-FREE PIES

 **Local V/GF
Pumpkin Pie**
- \$18.99
Made with Wisconsin pumpkin and squash.

 **Local V/GF
Apple Pie**
- \$18.99
Made with Wisconsin apples.



willy street co-op Catering

catering@willystreet.coop

Save yourself the work and let us make your vegan or gluten-free pies, side dishes or whole meals!

Order from our Thanksgiving Catering Menu by Friday, Nov. 17th for pick-up on Tuesday, Nov. 21st or Wednesday, Nov. 22nd.



Please check out our large selection of gluten-free crackers and vegan milk alternatives in our dairy section.

If you have further questions about an item's qualification for a special diet, please ask one of our knowledgeable staff members.

This list is not comprehensive of all replacements we have for vegan, vegetarian or gluten-free diets.

Willy West

Vegan Vegetarian Gluten-Free

SUBSTITUTIONS GUIDE



This list is not comprehensive of all replacements we have for vegan, vegetarian or gluten-free diets.

If you have further questions about an item's qualification for a special diet, please ask one of our knowledgeable staff members.

willy street co-op

VEGAN

For replacing...

Butter

<i>Earth Balance</i>	Vegan Buttery Sticks Buttery Spread GF Whipped Buttery Spread Coconut Spread GF Buttery Spread Vegan Shortening Buttery Spread w/ Olive Oil Soy Free Buttery Spread
<i>Miyoko's</i>	Vegan Butter

For replacing...

Mayonnaise

<i>Just Mayo</i>	Spread
<i>Follow Your Heart</i>	Original Vegenaise Grapeseed Oil Vegenaise Chipotle Vegenaise Roasted Garlic Vegenaise Reduced Fat Vegenaise Soy-Free Veganasie

For replacing...

Cream Cheese

<i>Follow Your Heart</i>	Cream Cheese
<i>Kite Hill</i>	Cream Cheese Chive Cream Cheese

For replacing...

Sour Cream

<i>Follow Your Heart</i>	Sour Cream
<i>Tofutti</i>	Better Than Sour Cream

For replacing...

Shredded Cheese

<i>Daiya</i>	Mozzarella-Style Cheddar-Style Pepperjack-Style
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For replacing...

Block/Sliced Cheese

<i>Daiya</i>	Medium Cheddar-Style Jalapeno Havarti-Style
<i>Follow Your Heart</i>	Cheddar-Style slices Mozzarella-Style slices
<i>Field Roast</i>	Chao Slices: Coconut Herb Chao Slices: Tomato Cayenne Chao Slices: Creamy Original

For replacing...

Soft Cheese

<i>Treeline Nut Cheese</i>	Herb-Garlic Scallion French-Style
<i>Miyoko's Creamery</i>	Mozzarella Sharp Farmhouse Nut Cheese Smoked Farmhouse Nut Cheese
<i>Punk Rawk Labs</i>	Nacho Nutmilk Cheese Herbs Nutmilk Cheese

For replacing...

Hard Cheese

<i>Go Veggie!</i>	Grated Parmesan-Style topping
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For replacing...

Meat/Animal Protein

<i>Field Roast</i>	Breakfast Sausage Brats: Apple Sage Brats: Italian Frankfurters Deli Slices: Mushroom Deli Slices: Smoked Tomato Deli Slices: Lentil Sage
<i>Upton's</i>	Italian Seitan Traditional Seitan Ground Beef-tyle Seitan Bacon Seitan
<i>Lightlife</i>	Veggie Sausage Smart Ground Crumbles Tofu Pups Smart Dogs

For replacing...

Meat/Animal Protein

<i>Tofurky</i>	Deli Slices: Peppered Deli Slices: Oven Roasted Deli Slices: Hickory Smoked
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For replacing...

Meat/Animal Protein Frozen

<i>Tofurky</i>	Giblet Gravy Vegetarian Feast Vegetarian Roast
<i>Fieldroast</i>	Celebration Roast Meatloaf
<i>Gardein</i>	Turk'y Cutlets Crispy Tenders Fishless Filets Beefless Ground
<i>Beyond Meat</i>	Crumbles
<i>Amy's</i>	Breakfast Sausage
<i>Nate's</i>	Meatballs

For replacing...

Whipped Topping

<i>So Delicious</i>	Whipped Topping Whipped Topping Lite
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For replacing...

Pie Shells

<i>Wholly Wholesome</i>	Pie Shell 2 pk
<i>Simple Soyman</i>	Pie Shell

For replacing...

Eggs (baking)

<i>Follow Your Heart</i>	Vegan Egg
<i>EnerG</i>	Egg Replacer
<i>Neat</i>	Egg Replacer

For replacing...

Condensed Milk

<i>Let's Do Organic</i>	Coconut Sweetened Condensed Milk
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For replacing...

Jello

<i>Simply Delish</i>	Strawberry Jel Dessert Orange Jel Dessert Raspberry Jel Dessert
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For replacing...

Marshmallows

<i>Dandies</i>	Mini Vegan Marshmallows Vegan Marshmallows
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For replacing...

Honey

<i>Bee Free Honee</i>	Honee
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For replacing...

Chocolate

Check out our Bulk Aisle for more Chocolate chips

<i>Artisan Kettle</i>	Sweetened Chocolate Chips Bittersweet Chocolate Chips
<i>Enjoy Life</i>	Mini Chocolate Chips Morsels Chocolate Chips Mega Chunks
<i>Equal Exchange</i>	Semi-Sweet Chocolate Chips Bittersweet Chocolate Chips
<i>Baker's</i>	Semi-Sweet Bakign Bar Unsweetened Baking Bar
<i>Scharffen-berger</i>	Baking Bar

For replacing...

Broth Powder

<i>Frontier</i>	Vegan Beef-Flavored Broth Powder Vegan Chicken-Flavored Broth Powder
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For replacing...

Gravy

<i>Roads End Organics</i>	Savory Herb Gravy Mix Mushroom Gravy Mix Golden Gravy Mix
<i>Imagine</i>	Wild Mushroom Gravy Mix