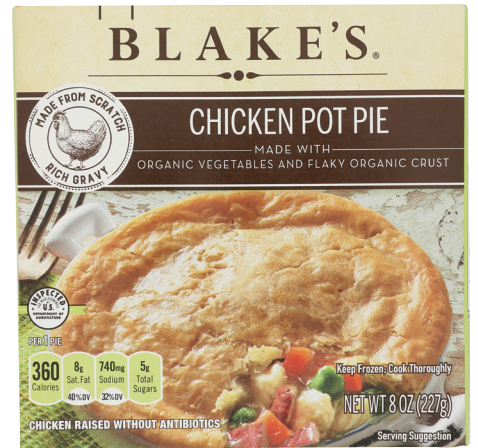




**Fishwife**  
**Albacore Tuna**  
3.2 oz • Save \$2.00  
**\$5.99**



**Amy's**  
**Burritos**  
Select Varieties  
5.5-6 oz • Save \$1.00  
**\$3.29**



**Blake's All Natural**  
**Chicken Pot Pie**  
8 oz • Save \$1.80  
**\$4.99**



**Stonyfield**  
**Organic Yogurt**  
32 oz • Save \$1.00  
**\$3.99**

**Bob's Red Mill**  
**Gluten-Free Muesli**  
16 oz • Save \$1.80  
**\$5.49**



**Amy's**  
**Organic Soup**  
Select Varieties  
12.4-14.7 oz • Save \$1.00  
**\$3.99**



**Tasty Bite**  
**Indian Entrees**  
Select Varieties  
10 oz • Save \$1.29  
**\$3.00**

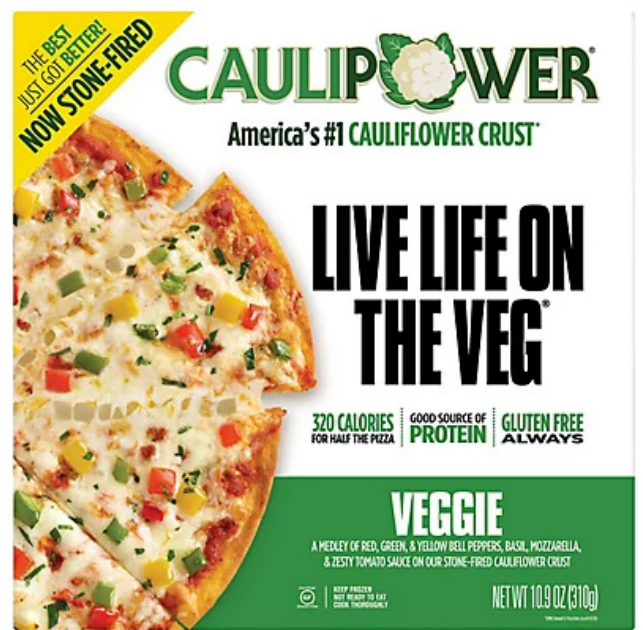


**Nature's Path**  
**Organic Cereal**  
10-14 oz • Save \$2.00-\$2.20  
**\$3.79**



**Caulipower**  
**Cauliflower Crust Pizza**  
10.9 • Save \$2.50  
**\$6.99**

**Pacific Foods**  
**Organic Original Almond Milk**  
32 fl oz • Save \$1.29  
**\$3.00**



MARCH 5-18

coop deals  
Sales For Everyone!

Clif Bar  
**Organic Peanut Butter Nut Butter Filled Energy Bar**  
1.76 oz • Save \$1.58 on 2  
**2 for \$4**



Mike's Mighty Good  
**Ramen Cups**  
1.6-1.9 oz • Save \$1.58 on 2  
**2 for \$4**



Wild Planet  
**Wild Sardines**  
4.375 oz • Save \$1.98 on 2  
**2 for \$4**



**TWO FER!**



Perfect Bar  
**Organic Bars**  
1.94-2.5 oz • Save \$1.98 on 2  
**2 for \$5**



Tasty Bite  
**Organic Rice**  
8.8 oz • Save \$1.98 on 2  
**2 for \$5**



Woodstock  
**Petite Brussels Sprouts**  
10 oz • Save \$1.58 on 2  
**2 for \$4**



Rishi  
**Organic Tea Sachets**  
15 ct • Save \$1.80  
**\$6.99** **L**

San-J  
**Tamari Soy Sauce**  
10 fl oz • Save \$1.20  
**\$2.79**

Que Pasa  
**Organic Tortilla Chips**  
11 oz • Save \$1.00  
**\$3.49**



Newman's Own  
**Newman-O's**  
13 oz • Save \$1.50  
**\$4.99**

Evolution Fresh  
**Organic Orange Juice**  
59 fl oz • Save \$1.00  
**\$8.99**

Muir Glen  
**Organic Salsa**  
16 oz • Save \$2.29  
**\$4.00**



Better Life  
**Unscented All Purpose Cleaner**  
32 fl oz • Save \$1.00  
**\$5.79**

Lakewood  
**Organic Pure Aloe Juice**  
32 fl oz • Save \$2.30  
**\$6.99**

Bizzy  
**Organic Cold Brew Coffee**  
48 fl oz • Save \$1.30  
**\$5.99**



Wildbrine  
**Kimchi**  
18 oz • Save \$2.00  
**\$6.49**

Ancient Nutrition  
**Bone Broth Protein**  
15.7-17.8 oz • Save \$8.00  
**\$36.99**

Kirk's  
**Odor Neutralizing Hand Soap**  
12 fl oz • Save \$1.30  
**\$3.99** **i**



Humble  
**Deodorant**  
2.5 oz • Save \$3.60  
**\$7.39**

Natural Factors  
**Stress-Relax Tranquil Sleep Chewable**  
60 tab • Save \$14.00  
**\$18.99**

Kettle Brand  
**Potato Chips**  
5 oz • Save 99¢  
**\$3.00**



Imagine  
**Organic Broth**  
32 fl oz • Save \$1.19  
**\$3.50**

Simple Mills  
**Chocolate Chip Cookies**  
5.5 oz • Save \$1.80  
**\$3.99**

Mad Hippie  
**Cream Cleanser**  
4 fl oz • Save \$3.50  
**\$10.99** **i**



Sales on this page valid March 5-18, 2025. All sales subject to availability. Sales quantities limited.



**Go Macro Organic Bars**  
1.8–2.5 oz • Save \$1.20  
**\$2.29** **i** **L**



**Made in Nature Organic Dried Fruit**  
Select Varieties  
3–7 oz • Save \$1.30–\$1.50  
**\$4.49**



**Ithaca Hummus**  
10 oz • Save \$1.50  
**\$3.99**



**Heyday Canning Co. Seasoned Beans**  
15 oz • Save \$1.49  
**\$3.50**



**Sahale Snacks Snack Mixes**  
4 oz • Save \$1.00  
**\$4.99**

**Kevita Probiotic Refresher Beverage**  
12 fl oz • Save 50¢  
**\$2.29**



**TruRoots Organic Sprouted Quinoa Blend**  
11 oz • Save \$1.80  
**\$4.99**



**Freshé Seafood Meals**  
4.25 oz • Save \$1.50  
**\$3.99**

**Primal Kitchen Salad Dressing**  
8 fl oz • Save \$2.80  
**\$5.99**



**C2O Coconut Water**  
33.8 fl oz • Save \$1.30  
**\$3.69**



**Lighten Up for Spring**



MARCH 19–APRIL 1

**coop deals**  
Sales For Everyone!

Ardor  
**Organic Sparkling Energy Water**  
12 fl oz • Save \$1.58 on 2  
**2 for \$5**



Surf Sweets  
**Candy**  
2.75 oz • Save \$1.98 on 2  
**2 for \$5**



RISE Brewing Co.  
**Organic Coffee Drinks**  
7 oz • Save \$1.58 on 2  
**2 for \$5**



**TWO FER!**



Annie's Homegrown  
**Mac & Cheese**  
Select Varieties  
6 oz • Save \$3.98 on 2  
**2 for \$3**



Muir Glen  
**Organic Tomatoes**  
14.5 oz • Save \$2.98–\$3.58 on 2  
**2 for \$4**



Lotus Foods  
**Ramen**  
2.8 oz • Save \$1.98 on 2  
**2 for \$3**



Cascadian Farm  
**Organic Fruit**  
28–32 oz • Save \$2–\$3  
**\$12.99**

Bragg  
**Organic Raw Unfiltered Apple Cider Vinegar**  
16 fl oz • Save \$1.50  
**\$3.49**

Lesser Evil  
**Organic Popcorn**  
4.6 oz • Save 99¢  
**\$3.00**



ECOS  
**Dish Soap**  
25 fl oz • Save 70¢  
**\$3.79** 

Nixie  
**Organic Sparkling Water**  
8 pk • Save \$1.49  
**\$4.50**

Equal Exchange  
**Organic Chocolate Bars**  
2.8 oz • Save \$1.30  
**\$3.99** 



Pacific Foods  
**Organic Soup**  
32 fl oz • Save \$1.30  
**\$4.49**

Yogi  
**Organic Tea**  
16 ct • Save \$1.79  
**\$4.00**

OM  
**Organic Morning Blend Mushroom Powder**  
8.47 oz • Save \$12.00  
**\$26.99**



Enzymedica  
**Digest Gold**  
45 cap • Save \$13.00  
**\$19.99**

Forager Project  
**Organic Cashewmilk Yogurt**  
5.3 oz • Save 40¢  
**\$1.59**

One With Nature  
**Bar Soap**  
7 oz • Save \$1.29  
**\$3.50**



Kerrygold  
**Irish Butter**  
8 oz • Save 50¢  
**\$4.49**

Natrol  
**Melatonin 3 mg Time Release**  
100 tab • Save \$2.80  
**\$6.99**

Follow Your Heart  
**Original Vegenaise**  
14 oz • Save \$1.30  
**\$4.99**



MI-DEL  
**Ginger Snaps**  
10 oz • Save \$1.50  
**\$4.29**

ECOS  
**Hand Soap Refill**  
32 fl oz • Save \$3.20  
**\$5.79** 

The Grandpa Soap Co.  
**Buttermilk Nourishing Shampoo**  
8 fl oz • Save \$1.50  
**\$5.99** 



Sales on this page valid March 19–April 1, 2025.  
All sales subject to availability. Sales quantities limited.